



Energy Saving Week 2024

Schools' challenge

Throughout Energy Saving Week please help your child to complete the five energy saving activities below. These everyday tasks can help reduce your home energy bills, while also educating your child on saving money and energy at home.

At the end of the week, tick the box with the activities that your child has completed and send the results to your class teacher to let them know which task/s your child has completed.

Name of pupil _____

Tick here

Day 1

Reduce your shower time by one minute



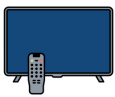
Day 2

Turn the tap off when brushing your teeth



Day 3

Unplug any electrical items you're not using



Day 4

Ask an adult to turn down the thermostat by 1 degree for 5 days



Day 5

Turn the lights off when you leave the room

